



BARRIE KEMPETTES GYMNASTICS CLUB

TRY OUT QUESTIONNAIRE – 2022 - 2023

Please complete the following questionnaire and ensure that your email address is complete and legible

Athlete's Name: _____

Mother's Name: _____ Father's Name: _____

Address: _____ City: _____ Postal Code: _____

Mother's Home #: _____ C #: _____ Email: _____

Father's Home #: _____ C #: _____ Email: _____

Emergency Contact Name: _____ Relationship to athlete: _____ Phone: _____
(Other than Parents)

Athlete's Personal Information (All information is kept strictly confidential)

Age: _____ Birthdate: _____ Height: _____

As of September 2022, name of school/grade will your child be attending _____ Grade: _____

Team You Are Trying Out For: (Please check one) Not Sure/Undecided **(Ages as of December 31st, 2023)**

- If Not Sure/Undecided is selected, Coaches will assess the athlete and place them where they see fit.

Pre-Competitive	
	Tiny (5 years old) 3 hours/week
	Mini (6 years old) 6 hours/week
	Pre-Competitive 1 (6 years old) 9 hours/week – <i>Summer Training Mandatory</i>
	Pre-Competitive 2 (7 years old) 12 hours/week – <i>Summer Training Mandatory</i>
	Pre-Competitive 3 (8 years old) 14.25 hours/week – <i>Summer Training Mandatory</i>

Girls Advanced Recreational Programs NO Competitions – 7 years +	
	2 Hour Advanced Recreational
	4 Hour Advanced Recreational

Invitational Competitive Program (Not eligible for championships)	
	Xcel Program (7 years old +) 6 – 12 Hours - <i>Summer Training Available</i>

Compulsory Level 2 – 5 Programs Competitions – 7 years +	
	6 Hour <i>Summer Training Available</i>
	8 Hour <i>Summer Training Available</i>
	12 Hour <i>Summer Training Mandatory</i>

Competitive Program Level 3 +	
	Compulsory WAG (9 years old +) 14.25/16 hours <i>Summer Training Mandatory</i>
	Compulsory WAG (9 years old +) 18 hours + <i>Summer Training Mandatory</i>
	WAG Optional (9 years +) 18 hours + <i>Summer Training Mandatory</i>

Men's Artistic Gymnastics (MAG)	
	Advanced (7 years old & up) 2 hour/week
	Interclub (8 years old & up) 4 hours +/week
	Provincial (9 years +) 6 hours +

Competitive Tumbling (Boys & Girls)	
	Advanced (7 years old & up) 1.5 hours/week
	Interclub (8 years old & up) 4.5 hours +/week
	Competitive (9 years old & up) 6 Hr +/week <i>Summer Training Mandatory</i>

1. What are the reasons for wanting your child to participate on a team program?

2. Is your child currently enrolled or participating in any other competitive or recreational activity such as: Dance, Swimming, Cheerleading, Hockey, Soccer, Baseball, etc., if so, please name the sport and for how long they have been doing this:

3. Is there any specific health ailment or chronic condition that the coaches should be aware of to help avoid potential injuries and ensure the safety of the gymnast?
